

STICK--Together in Christ

Recall a time when a team or music group you were a part of truly played as one—together—creating a sense of real unity and joyous progress.

What happened and how did you feel?

Explore [*Ephesians 4:3-6*](#).

What is real peace, God's peace? How do you think it differs from the typical idea of peace?

Why is peace essential for unity and what does it look like?

What is real hope, God's hope? How do you think it differs from the typical idea of hope?

Why might hope make a significant difference in helping us stick together?

What's Paul saying with his repetition of "one . . . ?" How does oneness make a real difference?

How does the Trinity—Father, Son, and Holy Spirit—both model and help our unity as Jesus' followers?

What does eager, intentional guarding/cultivating our unity look like, in daily and weekly expression? Why?

List several ideas for daily and weekly unity:

Get Ready for Next Week:

Read Ephesians, all 6 chapters, with special focus on [*Ephesians 4:1-16*](#).