

ALL YOUR little BIG THINGS

Little Faith

How are you handling your habits in these opening days of 2024?

Ponder this synthesis statement, based on Jesus' teachings:

Our heart habits lead to either fledgling faith or flourishing faith.

Read and ponder [Matthew 6:25-33](#).

What recurring words and phrases do you see? What's Jesus emphasizing about heart habits?

How do the following concepts challenge your current heart condition?

1. Take a fresh look at the little things in nature.
2. Ditch all your little old heart habits.
3. Develop your new little heart habits.

What will it take for you to break out of an old habit of anxious thinking and/or related obsessive habits?

What will it take for you to develop some healthier habits moving into '24?

Reflect and pray something like this: *Thank you, Jesus. You're speaking into all my little big things. I too readily grow anxious in my heart habits. Calm me; still my thoughts. Thank you, Father; you are so kind, caring, providing all I need. I fix my heart on you and seek your kingdom with fresh focus today. Fill me please with flourishing faith. Thank you, Jesus. Amen.*

Get Ready for Next Week:

Read one or more of these each day: [Luke 12:28](#); [Matthew 13:31-32](#); [Matthew 17:14-20](#); [Mark 4:30-31](#); [Luke 13:18-19](#); and [Luke 17:5-6](#).