

# Everyday Resurrection

## *everyday meals*

What's an everyday situation where you've been disappointed?

How do you fill in these blanks? I was hoping \_\_\_\_\_, but \_\_\_\_\_.

Read Luke's unique post-resurrection story in [Luke 24:13-35](#).

Ponder these 4 hope-filled lifters:

- Walk and talk together about Jesus' life, love, and resurrection.
- Walk and talk together with transparency.
- Walk and talk together about God's Word, Jesus' wisdom and hope!
- Walk and talk so your heart beats faster. Dig deep to truly believe!

Which of these lifters proves most stirring, encouraging, or potentially challenging right now on your journey? Why?

Read and reflect on these sacred lines: [Isaiah 43:1-3a](#) and [Psalms 116:7-9](#).

How do these passages point us to Christ Jesus?

How might Jesus and his resurrection reality change the way you process your biggest everyday disappointments?

What do you need from others in order to walk with Jesus in healthier ways right now?

### **Get Ready for Next Week:**

*Everyday Resurrection: everyday friends*

Read each day from [Luke 24:36-53](#), [John 20:19-31](#), [Matthew 28:16-20](#), [1 Corinthians 15:1-11](#), [Romans 6:4](#), [Romans 8:11](#), [Ephesians 2:5-6](#), [Philippians 3:10](#), [Colossians 2:12](#), and [Colossians 3:1](#).