who will you be in '23?

How to be More Hopeful

Q: What are you most hoping for with the start of '23?

Read and ponder ***Psalm 42-43***. Consider these 4 climb-higher steps:

- Encounter Christ! Quench your thirst.
- Recognize WHY you feel down.
- Refocus your sight with solid hope.
- Reframe your thinking with joyful praise centered in God's strong, loving character.

Q: Which of these steps most challenges you right now, and why?
Ponder these insights:

- With Jesus' help, you can step higher and experience brighter days.
- Jesus' style hope is confident expectation, holy anticipation of good coming your way because of God's character and his promises.
- There's past hope and future hope—so we have God's loving hope right here right now!

Read and ponder ***John 4:13-14***, ***Titus 2:13***, and ***Romans 5:12-13***.

Q: What most stirs you and motivates you from these biblical insights? What's one arena of your life where one of today's insights can help?

Get Ready for Next Week:
who will you be in '23? // How to be More Helpful
Read two or more of the following each day, and ponder how we can become more helpful humans:

Prov. 13:2; ***Acts 16:4-5***; ***1 Cor. 7:32-35***; ***Titus 1:5-9*** (MSG).

Acts 20:20; ***Ephesians 4:29***; ***2 Tim. 4:11*** (NIV).

1 Cor. 6:12; ***1 Cor. 10:23*** (NKJV).