

# Live SENT

*Mark 1:35-39*

Q: What's pressing and stressing you right now?

Read [Mark 1:35-39](#).

Press-and-stress, live-sent insights:

- Learn your limitations.
- Find your Rivendell.
- Learn to pray, to commune with your Father.
- Be ready to respond and re-engage for impact.

Q: Which of the above are most helpful for you as we move into the fall season? Why?

Q: What will you do different in the coming season?

## **Get Ready for Next Week:**

Read through Mark's Gospel, 2 or 3 chapters each day.

Reflect on what you've read. How are you stirred to live more sent?

What are the postures, priorities, and practices you want to pursue?