

Live SENT

Mark 1:12-13

What tempts you most? Why? What typically transpires?

Identify what's most curious and intriguing to you in Mark's short account of Jesus' temptation ([Mark 1:12-13](#)).

My best observations include:

Read [Hebrews 2:14-18](#).

According to these verses, why did Jesus experience such hard testing?

How we can tap into Jesus' help . . .

- Hold better perspective on days of testing.
- Mold mindset based on Jesus' mindset. (Join the weekly read-thru-Mark challenge.)
- Call to him for help. "Help me, Jesus!"
- Pause long enough to make a ripple list.
- Plug into angel-like encouragement.
- Daily declare your devotion to God's will and plan.
- Tell Satan to take a hike.

Which of the above concepts seem to hold the most potential for being helpful in the coming week?

Get Ready for Next Week:

Read through Mark's Gospel, 2 or 3 chapters each day.

Reflect on Jesus and his friends. How do they live sent? What are those postures, priorities, and practices you want to pursue?